

# Abicin® 30 % Resin Lacquer

Read this package leaflet carefully before using the product.  
The lacquer is used externally for the topical treatment of fungal and bacterial nail and skin infections.

The resin components have a scientifically proven strong antimicrobial and antifungal effect. Abicin 30% Resin Lacquer is a mixture of the resin of the Norway spruce (*Picea abies*) and a nail lacquer developed for medical purposes. The resin content of the lacquer is 30% of the preparation. The raw resin of the lacquer has been purified using a purification method patented by Repolar Pharmaceuticals Oy. The composition, purity, biological and antimicrobial efficacy of Abicin 30% Resin Lacquer is determined from each production batch.

## Active ingredient:

Purified spruce (*Picea abies*) resin.

## Also contains:

Ethanol denat., methoxyisopropanol, Propylene glycol, Isopropyl myristate.

## Uses:

Abicin 30% Resin Lacquer is used for topical treatment of mild and moderate fungal infections of the nails and feet and bacterial inflammation of the nail cuticle.

## Instructions for use:

**Fungal infection of the nails:** The ingredients of the resin lacquer need to be absorbed into the nail in order to achieve sufficient efficacy against fungal infection of the nails. If the nail is thickened, it is recommended that you visit a podiatrist or chiropodist to have the nail thickness reduced. Abicin 30% Resin Lacquer is absorbed into the nail and the lacquer dries in approximately 5 to 10 minutes. The lacquer is used twice weekly until the affected part of the nail has completely grown out (the average duration of the treatment is 3 to 6 months for fingernails and 9 to 12 months for toenails). At the start of the treatment, you may apply lacquer more frequently. Before applying the lacquer, soak the nails in warm water and dry them. Using the brush attached to the cap, apply the lacquer thinly over the entire nail, and to the cuticles. If possible, also apply the lacquer on the under-surface of the nail tip. If necessary to improve absorption, you may slightly roughen the surface of the nail with a nail file or emery board. You should remove the old lacquer from the nail approximately once monthly by soaking in warm soapy water or by using a non-alcohol based nail polish remover. Do not use ordinary nail polish or other cosmetic nail products on your nails during the treatment period with Abicin.

**Fungal infection of the feet (*Tinea pedis*, *Athlete's foot*):** For the treatment of fungal infections of the feet, apply Abicin 30% Resin Lacquer to the affected area 1 to 2 times weekly until the skin has healed.

**Inflammation of the nail cuticle:** For the treatment of a bacterial inflammation of the nail cuticle, apply Abicin 30% Resin Lacquer on the affected area once daily until the inflammation has completely reduced. Contact a doctor if the inflammation worsens or recurs during treatment.



## Storage/stability:

After opening the product will remain stable at room temperature for 1 year and unopened for 5 years.  
Shake the bottle before use.

## Pregnancy and breast-feeding:

There is no study data on the possible effects during pregnancy or lactation so you should consult your doctor prior to using Abicin.

## Interactions:

No clinically significant interactions are known.

## Effect on ability to drive:

Does not affect the ability to drive and use machines.

## Adverse effects:

An allergic reaction caused by the resin compounds of the spruce resin, occurring as topical irritation of the skin in the treated area, is a possible adverse effect of Abicin 30% Resin Lacquer in a very small proportion of patients. In case of allergic skin reactions, the use of resin lacquer should be discontinued. Please report any adverse effects, interactions etc. to the manufacturer.

## Manufacturer:

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